

Garmin Approach S62 Specification

General

LENS MATERIAL	Corning® Gorilla® Glass 3
BEZEL MATERIAL	ceramic
QUICKFIT™ WATCH BAND COMPATIBLE	yes (22 mm)
STRAP MATERIAL	silicone
PHYSICAL SIZE	47 x 47 x 14.8 mm Fits wrists with a circumference of 125-208 mm
TOUCHSCREEN	✓
COLOR DISPLAY	✓
DISPLAY SIZE	1.3" (33.02 mm) diameter
DISPLAY RESOLUTION	260 x 260 pixels
DISPLAY TYPE	sunlight-visible, transfective memory-in-pixel (MIP)
WEIGHT	2.2 oz (61 g)
BATTERY LIFE	Smartwatch mode: up to 14 days GPS mode: up to 20 hours
WATER RATING	5 ATM
MEMORY/HISTORY	1 GB

Clock Features

TIME/DATE	✓
GPS TIME SYNC	✓
AUTOMATIC DAYLIGHT SAVING TIME	✓
ALARM CLOCK	✓
TIMER	✓
STOPWATCH	✓
SUNRISE/SUNSET TIMES	✓

Health Monitoring

WRIST-BASED HEART RATE (CONSTANT, EVERY SECOND)	✓
DAILY RESTING HEART RATE	✓
ABNORMAL HEART RATE ALERTS	✓
PULSE OX BLOOD OXYGEN SATURATION	yes (spot-check and optionally in sleep)
BODY BATTERY™ ENERGY MONITOR	✓
ALL-DAY STRESS TRACKING	✓
RELAXATION REMINDERS	✓
RELAXATION BREATHING TIMER	✓
SLEEP	✓
HYDRATION	yes (in Garmin Connect™ and optional Connect IQ™ widget)
MENSTRUAL CYCLE	yes (in Garmin Connect™ and optional Connect IQ™ widget)

Sensors

GPS	✓
GARMIN ELEVATE™ WRIST HEART RATE MONITOR	✓
COMPASS	✓
GYROSCOPE	✓
ACCELEROMETER	✓
PULSE OX BLOOD OXYGEN SATURATION MONITOR	✓
Daily Smart Features	
CONNECTIVITY	Bluetooth® Smart and ANT+®
CONNECT IQ™ (DOWNLOADABLE WATCH FACES, DATA FIELDS, WIDGETS AND APPS)	✓
SMART NOTIFICATIONS	✓
TEXT RESPONSE/REJECT PHONE CALL WITH TEXT (ANDROID™ ONLY)	✓
CALENDAR	✓
WEATHER	✓
CONTROLS SMARTPHONE MUSIC	✓
FIND MY PHONE	✓
FIND MY WATCH	✓
SMARTPHONE COMPATIBILITY	iPhone®, Android™
PAIRS WITH GARMIN CONNECT™ MOBILE	✓
GARMIN PAY™	✓
Safety and Tracking Features	
LIVETRACK	✓
Activity Tracking Features	
STEP COUNTER	✓
MOVE BAR (DISPLAYS ON DEVICE AFTER A PERIOD OF INACTIVITY; WALK FOR A COUPLE OF MINUTES TO RESET IT)	✓
AUTO GOAL (LEARNS YOUR ACTIVITY LEVEL AND ASSIGNS A DAILY STEP GOAL)	✓
CALORIES BURNED	✓
DISTANCE TRAVELED	✓
INTENSITY MINUTES	✓
Gym & Fitness Equipment	
AVAILABLE GYM ACTIVITY PROFILES	Strength, Cardio, Treadmill and Elliptical Training, Stair Stepping, Indoor Rowing and Walking, Yoga
Training, Planning and Analysis Features	
HR ZONES	✓
HR ALERTS	✓
HR CALORIES	✓

% HR MAX	✓
% HRR	✓
HR BROADCAST (BROADCASTS HR DATA OVER ANT+™ TO PAIRED DEVICES)	✓
GPS SPEED AND DISTANCE	✓
CUSTOMIZABLE DATA PAGES	✓
AUTO PAUSE®	✓
AUTO LAP®	✓
MANUAL LAP	✓
CUSTOM ALERTS	✓
TOUCH AND/OR BUTTON LOCK	✓
AUTO SCROLL	✓
ACTIVITY HISTORY ON WATCH	✓
PHYSIO TRUEUP	✓

Running Features

AVAILABLE RUN PROFILES	Running, Indoor Track Running
GPS-BASED DISTANCE, TIME AND PACE	✓
FOOT POD CAPABLE	✓

Golfing Features

PRELOADED WITH 41,000 COURSES WORLDWIDE	✓
YARDAGE TO F/M/B (DISTANCE TO FRONT, MIDDLE AND BACK OF GREEN)	✓
YARDAGE TO LAYUPS/DOGLEGS	✓
MEASURES SHOT DISTANCE (CALCULATES EXACT YARDAGE FOR SHOTS FROM ANYWHERE ON COURSE)	Automatic
DIGITAL SCORECARD	✓
CUSTOM TARGETS	✓
STAT TRACKING (STROKES, PUTTS PER ROUND, GREENS AND FAIRWAYS HIT)	✓
GARMIN AUTOSHOT™	✓
FULL VECTOR MAP	✓
AUTO COURSEVIEW UPDATES	✓
GREEN VIEW WITH MANUAL PIN POSITION	✓
HAZARDS AND COURSE TARGETS	✓
PINPOINTER	✓
PLAYSLIKE DISTANCE	✓
TOUCH-TARGETING (TOUCH TARGET ON DISPLAY TO SEE THE DISTANCE TO ANY POINT)	✓
HANDICAP SCORING	✓
SWINGTEMPO	✓
TEMPO TRAINING	✓
TRUSWING™ COMPATIBLE	✓

ROUND TIMER/ODOMETER	✓
AUTOMATIC CLUB TRACKING COMPATIBLE (REQUIRES ACCESSORY)	✓
WIND SPEED AND DIRECTION (REQUIRES CONNECTION TO THE GOLF APP)	✓
VIRTUAL CADDIE	✓
Outdoor Recreation	
AVAILABLE OUTDOOR RECREATION PROFILES	Skiing, Snowboarding, XC Skiing, Stand Up Paddleboarding, Rowing
Cycling Features	
ALERTS (TRIGGERS ALARM WHEN YOU REACH GOALS INCLUDING TIME, DISTANCE, HEART RATE OR CALORIES)	✓
AVAILABLE CYCLING PROFILES	Biking, Indoor Biking
SPEED AND CADENCE SENSOR SUPPORT	yes
Swimming Features	
AVAILABLE SWIM PROFILES	Pool Swimming
POOL SWIM METRICS (LENGTHS, DISTANCE, PACE, STROKE COUNT, SWIM EFFICIENCY (SWOLF), CALORIES)	✓
BASIC REST TIMER (UP FROM 0) (POOL SWIM ONLY)	✓
Kid Activity Tracking Features	
TOE-TO-TOE™ CHALLENGES	yes (optional Connect IQ app)